

A NOTE FROM BH MIDDLE SCHOOL ATHLETIC DIRECTOR, AVIS NAJOR

March, 2017

RE: BHMS SPRING SPORTS SEASON

Hello to all!

The Spring sports season is upon us. Hopefully the weather will be kind to us. The Spring season will begin on Monday, March 27th. Please contact the coach or see the information sheet for team specific information. [Spring - 2016-17 Middle School Coaches Contact and Team Information.xlsx](#)

Most important reminder: Please to make sure that your student has a physical on file with the main office. You must use the BHSD mandated Athletic Physical Form. I have attached the physical form for your convenience. Only physicals dated 4/15/2016 or later are valid for the 2016-2017 school year. All students will need a completed physical form on file with the main office before being allowed to participate in tryouts/practices. [MHSAA Physical Exam-Medical History Form 2016.pdf](#)

The participation fee is a \$100 fee which you will need to pay if your student makes a team. Some teams are "no-cut" sports so the fee can be paid right away. For those sports **with tryouts**, you can wait to see if your student makes the team before you pay the fee.

[Pay to Participate Letter and Form.pdf](#)

The best resource for all up-to-date athletic information is the Middle School Athletic webpage. The information in this message and more can be found on our middle school athletic webpage. Please see the link below:

<http://www.bloomfield.org/departments/athletics/middle-school-athletics>

*Note on sports schedules: ScheduleStar.com has now become **BigTeams.com**. Our sports schedules can now be found at <http://www.bhmsathletics.org/>, <http://www.ehmsathletics.org/>, and or <http://www.whmsathletics.org/>. As always, you can find our sports competition schedules from the links to these pages found on our Middle School Athletic webpage.

I hope you encourage your student to participate in our middle school athletic programs. We look forward to having them! Please contact me, or the coaches directly, if you have any questions.

Have a great day!

[Avis Najor](#), Athletic Director
BHMS, WHMS, EHMS