

APRIL 2023 HIGH SCHOOL MENU

Full Pay Lunch \$3.90 - \$4.25

11:02-11:36am/11:54-12:21pm/12:39-1:13pm

Full Pay Breakfast - \$2.00-\$2.50

7-7:55am/9:25-9:32am

\$2.00-\$2.50

There will be no charge for reduce price meals throughout the remainder of the 22-23 school year

Monday

Popcorn Chicken Bowl served w/ Roll, mashed potatoes, gravy and Corn

10 Chicken Drumstick served w/ Roll, mashed potatoes, gravy and MICHIGAN VEGGIES

17 BBQ Chicken served w/ Roll, mashed potatoes, gravy and MICHIGAN VEGGIES

EMOJI Waffle & Chix
and Sweet Potato Fries

Tuesday

ц Taco Tuesday!
Cheese Quesadilla
MICHIGAN SALAD GREENS
Refried Bean

11 Fiesta Bar
Beef or Chicken Tacos or
Nachos w/ Toppings
Refried Beans

18Taco Tuesday!
Turkey & Cheese Enchiladas
Refried Bean

25 Fiesta Bar

Beef or Chicken Tacos or

Nachos w/ Toppings

Refried Beans

Wednesday

Beef Gyros w/ Tzakti Sauce & Fries JET'S Pizza Day!

Testing Day!

Chicken Parmesan
Sandwich
IET'S Pizza Day!

26 Chicken Schwarma w/ Tzakti Sauce & Fries JET'S Pizza Day!

Thursday

6 Pasta with Marinara Meatballs Garlic Breadstick MICHIGAN BROCCOLI

Testing Day!

Cheese Ravioli
Garlic Breadstick
MICHIGAN BROCCOLI

Pierogi and Sausage with
Garlic Breadstick
MICHIGAN BROCCOLI

Friday

No School!

Beef Teriyaki
w/ rice and Stir-fried
Veggies

²¹ 1/2 Day No Lunch!

28 Orange Chicken w/ WG rice and Stirfried Veggies



HAPPY SPRING!!!

All meals include Proteins & whole grains
At least 1/2 cup fruits and veggies and
1% white or chocolate milk

DAILY LUNCH OPTIONS!

CHICKEN PATTY SANDWICH - SPICY AND REGULAR
CHICKEN TENDERS
GRILLED BURGERS, CHEESEBURGERS, BOSCO STICKS
VARIETY OF ENTREE SALADS AND
GRAB AND GO SUBS AND WRAPS
fhot dog to
AND MUCH MORE!!

All Beef Hot Dog: All beef hot dog to served on a whole grain bun

Chicken Schwarma
Seasoned Chicken served on a whole
grain Pita with tangy cucumber sauce and
optional diced tomatoes and onions
Served with Crispy French Fries

Jet's Pizza: deep dish cheese, pepperoni or veggie pizza filled with marinara sauce and topped with mozzarella cheese

Lasagna Roll-up: pasta noodles filled with creamy ricotta and mozzarella cheese, topped with marinara sauce, served with garlic breadstick

Chicken Alfredo Pasta
Al Dente Pasta tossed with creamy Alfredo
cheese sauce and topped with diced white
meat chicken served with Broccoli and
garlic breadstick

Bosco Cheese Sticks: Whole grain bread sticks filled with mozzarella cheeses, baked and topped with parmesan cheese, served with marinara sauce Chicken Patty Sandwich: llightly breaded white meat chicken on a whole grain bun with French Fries offered on the side as a Vegetable

Chicken Tenders: Lightly breaded white meat crispy chicken, served with homemeade roll and butter

Fiesta Bar

2 flour or corn tortilla chips filled with chicken or beef, topped with cheese with Lettuce, rice, beans and optional toppings served on the side.

Grilled Cheese and Tomato Soup: Crispy grilled sandwich stuffed with American cheeses and served with creamy tomato soup.

Burgers

All Beef Patty with our without American Cheese. Served on a WG Bun with French Fries offered on the Side as a Vegetable

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All Beef Patty with our without American Cheese. Served on a WG Bun with French Fries offered on the Side as a Vegetable

Pierogi and Sausage Cheese filled pierogi dumplings topped with sliced smoked sausage and served with a Garlic Breadstick and fresh roasted veggies

Pasta Bar

Your choice of Pasta topped with marinara sauce or Alfredo and choice of meatballs or chicken served with Broccoli and garlic breadstick

Philly Cheese Steak
Thin slice beef served on a whole grain
bun with provolone cheese and optional
grilled peppers and onions Served with
Crispy French Fries

Beef Gyros

Thin sliced Gyro Meat served on a whole grain Pita with tangy cucumber sauce and optional diced tomatoes and onions

Served with Crispy French Fries

NEW! EMOJI Waffle and Chix

Crisp, chicken Tender served with EMOJI

Waffle and Syrup cup

Try Something New!

Asian Chicken Salad

Lettuce, Mandarin Oranges, Chicken, Chow Mein Noodles w/ Sesame dressing and Scallion Flatbread

MENU SUBJECT TO CHANGE WITHOUT NOTICE
THIS INSTITUTION IS AN EQUAL OPPORTUNITY
PROVIDER

NEW! scan code to preorder deli sandwich



Fruit and Veggie Bar! Offered Daily

Includes Michigan Produce such as Blueberries, Cherries,
Michigan Lettuce, Legumes and
Apples
plus MUCH more Fruits and
Veggies to Choose from!

BREAKFAST
DAILY SPECIALS
TURKEY/CHEESE CROISSANT
YOGURT PARFAITS
HOMEMADE MUFFINS
BAGELS AND CREAM CHEESE
DONUTS
CEREAL, CEREAL BARS AND MUCH MORE

All complete Breakfasts
Include Choice of Michigan Produce,
JUICE AND

1% white or Choclate MILK



Gluten Free option available per medical requestpreorder required



Vegetarian and Dairy Free options available - preorder

required