

Black Hawk Swimming & Diving Team Rules



1. All rules covered by the Bloomfield Hills Uniform Code of Conduct for student athletes will be strictly enforced.
2. Attendance at practice is mandatory. Any team member that misses a practice or leaves practice early will be penalized for the upcoming meet (exhibition & relay events included). Athletes should notify the coaching staff before an absence, if possible, and meet with the coaches upon return from the absence.
 - a. Athletes are excused from practice if they have been excused from school. Any athlete that is in school is expected to participate in that day's practice.
 - b. Continued absences will result in removal from the team.
 - c. Athletes not in attendance for practice preceding a meet will not be permitted to compete in that meet.
3. Athletes that have 5 unexcused absences/tardies for school attendance will be penalized for the upcoming meet.
4. Any student that receives a failing grade in any class will be suspended from competition until that grade is brought up.
5. Each athlete/grade will be assigned job to assist with practice and meet setup/take down. No one will leave the pool deck until all responsibilities are taken care of.
6. Any athlete with an injury that requires getting out of practice will rest a minimum of 2 weeks or per doctor's orders.
7. The district will only provide 1 way buses to meets that are farther than 10 miles from BHHS. All athletes are required to ride the bus to the meets unless notice is given through a parent email 24 hours before the scheduled meet. The head coach and athletic director should be included in the email. All meets within 10 miles will have no busing. Athletes are responsible for transportation after meets.
8. Athletes should budget their time so that neither academics nor athletic participation needs to be compromised. Athletes that need to make up tests, doctors appointment, serve detentions, etc... must do so on their time and not during practice or competitions. These absences are considered unexcused.
9. You are representing both Bloomfield Hills High School and the Bloomfield Hills swim & dive program. Always have a positive attitude, encourage your teammates, and display good sportsmanship. Poor sportsmanship and lack of discipline not only gives a negative appearance of BHHS athletes, but also affects your ability to perform at your highest level.
10. Parents are asked to bring positive support to the swim/dive program. If a parent has a concern and needs to speak with the coach, we are open to communication with parents with the understanding that playing time and meet line ups are non-negotiable. We as coaches ask parents to respect the "24 Hour Rule." This rule means that parents should wait 24 hours before contacting coach with a concern.

It is not anticipated that any problems will occur, the coaching staff simply wants all persons involved with the swimming & diving teams to familiarize themselves with all rules/expectations and the consequences that will result if those rules/regulations are not followed.

I have read and agree to abide by the team rules, varsity letter criteria, and meet lineup guidelines. I also understand the consequences of violating these rules.

Parent Signature: _____ Athlete Signature: _____

Print Name: _____ Print Name: _____

Date: _____ Date: _____

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How are individual events in meets determined?

All line ups must meet MHSAA and NFHS guidelines, rules, & criteria.

The goal of our team's lineup is to give our team the best opportunity for success, support our athlete's goals, increase participation in the sport, provide opportunities for improvement, and promote an environment with good sportsmanship.

Qualifying Meets

An athlete must meet or exceed the qualifying times in order to compete in Oakland County Championships, MISCA, and MHSAA State Meet.

Exhibition Events

Coaches from both teams must mutually agree upon which events will have exhibition heats and how many heats will take place.

OAA League Meet Events

The coaching staff will work with athletes to select the best events possible to promote team success and meet their personal goals.

How are relays determined?

The goal is to give the team the best possibility at scoring points first and giving everyone a chance to compete second.

Dual Meet & Invite relays will be determined by the coaching staff based on athlete times, athlete attendance, and the opposing team's times.

County Meet

We are allowed to send 1 relay per event
Relays will be put together based on the fastest times from the previous 3 meets.
Flat start and relay times will be taken into consideration

League Meet

We are allowed unlimited relays
Prelim relays will be based on the fastest times from the previous 2 dual meets (including flat starts)
Finals relays will be based on the fastest times from prelims
Swimmers may be moved laterally within the relays (Ex: from B to A, A to C, etc.)

State Meet

Relays must meet or exceed the necessary qualifying time
Only 1 relay per event may participate
Relays will be based on the fastest time from League Meet Finals
Flat start and relay times will be taken into consideration from League Meet Finals
Those individuals who qualify for state meet prior to the league meet will be considered for state meet relays regardless of their times at the league meet.

All relays must meet MHSAA and NFHS rules and guidelines.