

APRIL 2023

WING LAKE MENU

Full Pay Lunch - \$3.40

11am-12:30pm

Full Pay Breakfast \$1.85

Delivered to classrooms at school start time

There will be no charge for reduce price meals throughout the remainder of the 22-23 school year

Monday

3 Mac & Cheese
Breadstick
Fresh Broccoli
MICHIGAN APPLE SLICES

10 Chicken Tenders
French Fries
MICHIGAN APPLE SLICES

17 Cheese Ravioli
Breadstick
Fresh Broccoli
MICHIGAN APPLE SLICES

24 Chicken Patty Sandwich
French Fries
MICHIGAN APPLE SLICES

Tuesday

4 Beef and Cheese Nachos
Refried Beans/Salsa
MICHIGAN BLUEBERRIES

11 Bean and Cheese Burrito
Cheese Stick/Salsa
MICHIGAN BLUEBERRIES

18 2 Beef Tacos
Refried Beans/Salsa
MICHIGAN BLUEBERRIES

25 Cheese Quesadilla
Black Beans/Salsa
MICHIGAN BLUEBERRIES

Wednesday

5 Wow Butter Sandwich
Broccoli & Cheese Soup
MICHIGAN CHERRIES

12 All Beef Hot Dog
Mini Carrots
MICHIGAN CHERRIES

19 **EMOJI** 😊
Waffle & Chix
Sweet Potato Fries
MICHIGAN CHERRIES

26 Cheeseburger
French Fries
MICHIGAN CHERRIES

Thursday

6 Cheese Pizza
MICHIGAN SALAD
Apple Sauce Cup

13 Cheese Pizza
MICHIGAN SALAD
Apple Sauce Cup

20 Cheese Pizza
MICHIGAN SALAD
Apple Sauce Cup

27 Cheese Pizza
MICHIGAN SALAD
Apple Sauce Cup

Friday

7 **No School!**

14 Bosco Sticks
Marinara Sauce
MICHIGAN APPLE

21 **No Hot Lunch!**

28 Bosco Sticks
Marinara Sauce
MICHIGAN APPLE

HAPPY SPRING!!!

All meals include Proteins & whole grains

At least 1/2 cup fruits and veggies and

1% white or chocolate milk

248.341.5671


Cheese Pizza
Whole Grain individual deep dish Cheese Pizza

WOW! Butter and Jelly Sandwich
Soy Butter and Jelly on WG Bread served with
fresh cut carrots and appleslices

Chicken Tenders
All White Meat Lightly Breaded Chicken Strips
Served with a whole grain Muffin

All Beef Hot Dog
Served on a whole grain Bun

Grilled Cheese Sandwich
Crisp, cheesy toasted sandwich served with
Tomato Soup

 **EMOJI Waffle and Chix**
Crisp, chicken Tender served with EMOJI
Waffle, Syrup cup

Cheese Cavatappi
Cavatappi noodles tossed in creamy cheese
sauce served with breadstick and steamed
broccoli

2 Tacos
All Beef Taco Filling in 2 Soft Flour Shells
Served with Salsa and Michigan Blueberries

Bean Burrito
Served with Cheese Stick, Salsa and
Michigan Blueberries
Macaroni and Cheese
Macaroni noodles tossed in creamy cheese
sauce served with breadstick and steamed
broccoli

Bosco Sticks
Mozzarella cheese filled breadsticks served
with Marinara Sauce
Chicken Patty Sandwich
All white meat Chicken Patty lightly coated in a
crispy breading served on a
whole grain Bun

Orange Chicken
Crispy battered chicken bites glazed in a sweet
orange sauce, served over rice with Asian
mixed Veggies

General Tso Chicken
Crispy battered chicken bites glazed in a Tangy
sweet sauce, served over rice with Asian mixed
Veggies

Cheese Ravioli
Cheese stuffed ravioli tossed in Marinara sauce
served with breadstick and steamed broccoli

\$1.85 BREAKFAST
Choice of
Cinnamon Apple
Oatmeal Yogurt Plate,
Pop Tart
Cereal (DF) or Cereal
Bar
Served with 100%
Fruit Juice, Michigan
Fruit and 1% White or
Chocolate Milk

Join us in learning
about

Michigan Produce!

A variety of either
Carrots, Blueberries,
Apples, Salad Greens,
Sweet Potatoes and Root
Vegetable Medley are
offered daily with meals



Gluten Free
option available per
medical request-
preorder required



Vegetarian and
Dairy Free options
available - preorder
required

MENU SUBJECT TO CHANGE WITHOUT NOTICE
THIS INSTITUTION IS AN EQUAL OPPORTUNITY
PROVIDER