

MAY 2022 MIDDLE SCHOOL LUNCH MENU

Monday

2
No School!

9
JET'S Cheese Pizza
MICHIGAN SALAD
GREENS w/ RANCH

16
JET'S Cheese Pizza
MICHIGAN SALAD
GREENS w/ RANCH

23
JET'S Cheese Pizza
MICHIGAN SALAD
GREENS w/ RANCH

30
No School!
Happy Memorial Day!

Tuesday

3 Beef and Cheese
Nachos
Black Beans
MICHIGAN APPLE

10 Beef or Chicken Tacos
Variety of Toppings
Refried Beans
MICHIGAN APPLE

17 Beef and Cheese
Nachos
Black Beans
MICHIGAN APPLE

24 Beef or Chicken Tacos
Variety of Toppings
Refried Beans
MICHIGAN APPLE

31 Beef and Cheese
Nachos
Black Beans
MICHIGAN APPLE

Wednesday

4
All Beef Hot Dog
Carrots and Fries
MICHIGAN CHERRIES

11
Grilled Cheese
Tomato Soup
MICHIGAN CHERRIES

18 Orange Chicken
WG Rice
Broccoli
MICHIGAN CHERRIES

25
All Beef Hot Dog
Carrots and Fries
MICHIGAN CHERRIES

Thursday

5
Macaroni and Cheese
Garlic Breadstick
MICHIGAN VEGGIES

12
Cheese Cavatappi
Garlic Breadstick
MICHIGAN VEGGIES

19
Cheese Lasagna Rollup
Garlic Breadstick
MICHIGAN VEGGIES

26
Cheese Ravioli
Garlic Breadstick
MICHIGAN VEGGIES

Friday

6
Popcorn Chicken Bowl
Mashed Potatoes, Corn
MICHIGAN BLUEBERRIES

13
Waffles and Chicken
Sweet Potato Fries
MICHIGAN BLUEBERRIES

20
Chicken Drumstick
Mashed Potatoes, Corn
MICHIGAN BLUEBERRIES

27
1/2 Day
No Lunch!

All meals include Proteins & whole grains

At least 3/4 cup fruits and veggies and

1% white or chocolate milk

248.341.5671

DAILY LUNCH OPTIONS!

**CHICKEN PATTY SANDWICH - SPICY AND REGULAR
CHICKEN TENDERS
GRILLED BURGERS, CHEESEBURGERS, BOSCO STICKS
VARIETY OF ENTREE SALADS AND
GRAB AND GO SUBS AND WRAPS
AND MUCH MORE!!**

All Beef Hot Dog: All beef hot dog to served on a whole grain bun

Chicken and Waffles: Lightly breaded white meat crispy chicken, served with Sweet Waffle, and Sweet potato fries

Jet's Pizza: deep dish cheese, pepperoni or veggie pizza filled with marinara sauce and topped with mozzarella cheese

Lasagna Roll-up: pasta noodles filled with creamy ricotta and mozzarella cheese, topped with marinara sauce, served with garlic breadstick

Bosco Cheese Sticks: Whole grain bread sticks filled with mozzarella cheeses, baked and topped with parmesan cheese, served with marinara sauce

Chicken Tenders: Lightly breaded white meat crispy chicken, served with homemade roll and butter

Chicken Patty Sandwich: lightly breaded white meat chicken on a whole grain bun with French Fries offered on the side as a Vegetable

Tacos: 2 flour or corn tortillas filled with chicken or beef, topped with cheese with Michigan Lettuce, rice, beans and optional toppings served on the side.

Hot Dog: All Beef Frank served on a WG Bun with French Fries offered on the Side

Grilled Cheese and Tomato Soup: Crispy grilled sandwich stuffed with American cheeses and served with creamy tomato soup.

Burgers

All Beef Patty with our without American Cheese. Served on a WG Bun with French Fries offered on the Side as a Vegetable

Macaroni & Cheese: Homemade with cavatappi noodles served with garlic bread

Yogurt Plate: Greek Yogurt served with Grahams, Michigan Blueberries and Fresh cut Veggies with Ranch Dip

Fresh Fruit Yogurt Parfait: Layers of vanilla Yogurt, Fresh Fruit and Granola, ready to eat!

Sausage, Egg and Cheese Croissant: Whole grain croissant, stuffed with turkey sausage, egg and american cheese

Vegan Hummus Plate: Hummus cup, pita chips, baby carrots, celery sticks and (nut free) sunflower seeds, Ready to eat!

Chicken Caesar Salad: Romaine lettuce, all natural white meat chicken, parmesan cheese, croutons, Caesar dressing and a muffin

**MENU SUBJECT TO CHANGE WITHOUT NOTICE
THIS INSTITUTION IS AN EQUAL OPPORTUNITY
PROVIDER**

BREAKFAST

Monday

Breakfast Bread

Tuesday

WG Donut

Wednesday

Pop Tart

Thursday

Breakfast Bar

Friday

Bagel and Cream Cheese

**All complete breakfasts
come with 100% Fruit
Juice, and/or Michigan
Fruit and 1% white or
chocolate milk**

**Join us in learning
about**

Michigan Produce!

Carrots, Blueberries,

Apples, Salad Greens,

Sweet Potatoes and Root

Vegetable Medley

Gluten Free
option available per
medical request-
preorder required



Vegetarian and
Dairy Free options
available - preorder
required