NOVEMBER 2026
INTERNATIONAL ACADEMY MENU

FREE Breakfast 7:20am
FREE Lunch - 11am-1pm

Monday	Tuesday	Wednesday	Thursday	Friday
2 **No School PD Day**	3 **No School Election Day**	4 Wing Wednesday! Hot Dog Bar w/ Assorted Toppings & French Fries	5 Bosco Day! Buffalo Mac & Cheese with or without Chicken, Garlic Breadstick Roasted Carrots	6 Orange Chicken w/ WG Rice, Mixed Veggies & Egg Roll
9 HUNGRY HOWIE'S PIZZA OR Mini Corn Dogs w/ Sweet Potato Fies	10 Beef or Chicken & Cheese Soft Tacos Refried Beans Churros	11 Wing Wednesday! Alfredo Pasta with or without Chicken, Garlic Knot & Carrots	12 Bosco Day! Sweet & Sour Chicken served w/ WG Rice, Asian Mixed Veggies & Egg Roll	13 **New Menu Item!** Pepperoni Calzone & Pizza-Ranch w/ a Garlic Breadstick Cucumber & Tomato Salad
16 HUNGRY HOWIE'S PIZZA OR Mac & Cheese Burger w/ Sweet Potato Fries	17 Breakfast for Lunch! French Toast Sticks OR Mini Pancakes Turkey Sausage Hashbrown Triangles	18 Wing Wednesday! Grilled Cheese Sandwich & Tomato Soup	19 **Thanksgiving Holiday Meal! Turkey, Mashed Potatoes & Gravy, Stuffing, Cranberry Sauce, Carrots & a Cookie!**	20 Spaghetti w/ Meatballs Garlic Bread Green Beans
23 HUNGRY HOWIE'S PIZZA OR Chicken Quesadilla w/ Refried Beans & Churros	24 Cook's Choice	25 **No School Thanksgiving Break!**	26 **No School Thanksgiving Break!**	27 **No School Thanksgiving Break!**
30 HUNGRY HOWIE'S PIZZA OR Chicken Shawarma Pita with Waffle Fries				

Bloomfield Hills Schools continues to provide 2026-2027 FREE Michigan Meals for All to students from Pre-K4 to 12th grade again this school year!

All meals include Proteins & whole grains
At least 1/2 cup fruits and veggies and
1% white or Chocolate milk

248.341.5671

aramark

International Academy DAILY LUNCH OPTIONS!

CHICKEN PATTIES: SPICY & REGULAR
CHICKEN TENDERS w/ MUFFIN, BAKED FRENCH FRIES
GRILLED BURGERS, CHEESEBURGERS, BOSCO STICKS, PIZZA STATION
VARIETY OF ENTREE SALADS AND
GRAB AND GO SUBS AND WRAPS
AND MUCH MORE!!

WING WEDNESDAY!
Crispy Chicken Wings tossed in a variety of sauces to choose from
Served with Crispy Cucumbers and Carrots and Ranch Dressing

All Beef Hot Dog Bar
Assorted toppings include all beef chili, cheese sauce, assorted veggie toppings and MORE!

Chicken Alfredo
Diced chicken in creamy Cheese Sauce tossed with Tender Pasta
Served with Garlic Bread and sauteed Mushrooms

Macaroni & Cheese
Whole grain pasta tossed in
a creamy cheddar cheese sauce
served with fresh steamed Broccoli

Sweet & Sour Chicken
Crispy battered chicken bites glazed in a sweet and sour sauce over WG rice with Asian mixed veggies.

Hungry Howie's Pizza
Your choice of Cheese, Pepperoni OR Veggie hand tossed pizza!
Gluten Free is also available with pre-order ONLY.

Spaghetti w/ Meatballs
Spaghetti served with your choice of either marinara or meat sauce and perfectly seasoned Italian meatballs.
Served with garlic bread.

Chicken Shawarma
Seasoned Chicken served on a whole grain pita with tangy cucumber sauce and optional diced tomatoes and onions.
Served with Crispy Waffle Fries

Bosco Sticks
Mozzarella cheese filled breadsticks served with Marinara Sauce

Breakfast for Lunch!
Mini Pancakes served with a hashbrown patty, turkey sausage patty and mixed fruit!

2 Soft Tacos
Beef or Chicken and Cheese with a variety of toppings to choose from
Served with refried beans

Grilled Cheese Sandwich
Creamy American Cheese melted between WG Bread slices, Grilled and Served with Tomato Soup

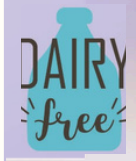
Thanksgiving Holiday Meal!
Turkey, Mashed Potatoes & Gravy, Stuffing, Carrots, Cranberry Sauce and a cookie!

MENU SUBJECT TO CHANGE WITHOUT NOTICE
THIS INSTITUTION IS AN EQUAL OPPORTUNITY PROVIDER

IA BREAKFAST

Offered Daily
in the Cafe 7:15am - 7:55am

Choose from Cold and Hot Choices including Apple Cinnamon Texas Toast, Breakfast Sandwiches, Yogurt Parfait
Bagels, Muffins
Cereal Bars, Cereal
All Breakfasts include up to a full cup of fruit and/or Juice and a
1% white or chocolate milk



Gluten Free option available per medical request- preorder required

Vegetarian and Dairy Free options available

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