# NOVEMBER 2026
# MIDDLE SCHOOL MENU

**FREE Breakfast Served until 8:30am in the Cafeteria**
**FREE Lunch - 11am - 12:30pm**

| Monday | Tuesday | Wednesday | Thursday | Friday |
|---|---|---|---|---|
| 2 HUNGRY HOWIE'S PIZZA OR Chicken Tender Basket w/ Cinnamon Biscuit, Coleslaw & French Fries | 3 **No School Election Day** | 4 Wing Wednesday! Hot Dog Bar w/ Assorted Toppings & French Fries | 5 Bosco Day! Buffalo Mac & Cheese with or without Chicken, Garlic Breadstick Roasted Carrots | 6 Orange Chicken w/ WG Rice, Mixed Veggies & Egg Roll |
| 9 HUNGRY HOWIE'S PIZZA OR Mini Corn Dogs w/ Sweet Potato Fies | 10 Beef or Chicken & Cheese Soft Tacos Refried Beans Churros | 11 Wing Wednesday! Alfredo Pasta with or without Chicken, Garlic Knot & Carrots | 12 Bosco Day! Sweet & Sour Chicken served w/ WG Rice, Asian Mixed Veggies & Egg Roll | 13 **New Menu Item!** Pepperoni Calzone & Pizza-Ranch w/ a Garlic Breadstick Cucumber & Tomato Salad |
| 16 HUNGRY HOWIE'S PIZZA OR Mac & Cheese Burger w/ Sweet Potato Fries | 17 Breakfast for Lunch! French Toast Sticks OR Mini Pancakes Turkey Sausage Hashbrown Triangles | 18 Wing Wednesday! Grilled Cheese Sandwich & Tomato Soup | 19 **Thanksgiving Holiday Meal! Turkey, Mashed Potatoes & Gravy, Stuffing, Cranberry Sauce, Carrots & a Cookie!** | 20 Spaghetti w/ Meatballs Garlic Bread Green Beans |
| 23 HUNGRY HOWIE'S PIZZA OR Chicken Quesadilla w/ Refried Beans & Churros | 24 Cook's Choice | 25 **No School Thanksgiving Break!** | 26 **No School Thanksgiving Break!** | 27 **No School Thanksgiving Break!** |
| 30 HUNGRY HOWIE'S PIZZA OR Chicken Shawarma Pita with Waffle Fries | | | | |

Bloomfield Hills Schools continues to provide 2026-2027 FREE Michigan Meals for All to students from Pre-K4 to 12th grade again this school year!

All meals include Proteins & whole grains
At least 1/2 cup fruits and veggies and
1% white or Chocolate milk

248.341.5671

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# Middle School DAILY LUNCH OPTIONS!

CHICKEN PATTY SANDWICH - SPICY AND REGULAR
CHICKEN TENDERS w/ MUFFIN, BAKED FRENCH FRIES
GRILLED BURGERS, CHEESEBURGERS, BOSCO STICKS, PIZZA STATION VARIETY OF ENTREE SALADS AND
GRAB AND GO SUBS AND WRAPS
AND MUCH MORE!!
PLUS MTO DELI BAR AND SNACK BAR (ALA CARTE PRICING FOR SNACKS) AND MUCH MORE!!

### WING WEDNESDAY!
Crispy Chicken Wings tossed in a variety of sauces to choose from
Served with Crispy Cucumbers and Carrots and Ranch Dressing

### All Beef Hot Dog Bar
Assorted toppings include all beef chili, cheese sauce, assorted veggie toppings and MORE!

### Chicken Alfredo
Diced chicken in creamy Cheese Sauce tossed with Tender Pasta
Served with Garlic Bread and sauteed Mushrooms

### Macaroni & Cheese
Whole grain pasta tossed in a creamy cheddar cheese sauce served with fresh steamed Broccoli

### Sweet & Sour Chicken
Crispy battered chicken bites glazed in a sweet and sour sauce over WG rice with Asian mixed veggies.

### Hungry Howie's Pizza
Your choice of Cheese, Pepperoni OR Veggie hand tossed pizza!
Gluten Free is also available with pre-order ONLY.

### Spaghetti w/ Meatballs
Spaghetti served with your choice of either marinara or meat sauce and perfectly seasoned Italian meatballs. Served with garlic bread.

### Chicken Shawarma
Seasoned Chicken served on a whole grain pita with tangy cucumber sauce and optional diced tomatoes and onions.
Served with Crispy Waffle Fries

### Bosco Sticks
Mozzarella cheese filled breadsticks served with Marinara Sauce

### Breakfast for Lunch!
Mini Pancakes served with a hashbrown patty, turkey sausage patty and mixed fruit!

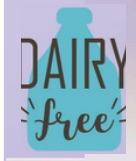
### 2 Soft Tacos
Beef or Chicken and Cheese with a variety of toppings to choose from
Served with refried beans

### Grilled Cheese Sandwich
Creamy American Cheese melted between WG Bread slices, Grilled and Served with Tomato Soup

### Thanksgiving Holiday Meal!
Turkey, Mashed Potatoes & Gravy, Stuffing, Carrots, Cranberry Sauce and a cookie!

MENU SUBJECT TO CHANGE WITHOUT NOTICE
THIS INSTITUTION IS AN EQUAL OPPORTUNITY PROVIDER

## BREAKFAST
Offered Daily
in the Cafe 8:15am - 8:30am
Choose from Cold and Hot Choices including Apple Cinnamon Texas Toast, Breakfast Sandwiches, Yogurt Parfait
Bagels, Muffins
Cereal Bars, Cereal
All Breakfasts include up to a full cup of fruit and/or Juice and a 1% white or chocolate milk




Gluten Free option available per medical request- preorder required

Vegetarian and Dairy Free options available

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