OCTOBER 2026 PREP MENU

Lunch Delivered Daily by 11am
Preorder Breakfast the day before to be there in the morning for your student

Monday	Tuesday	Wednesday	Thursday	Friday
			1 Pasta with or without Meatballs Garlic Breadstick MICHIGAN BROCCOLI	2 Seasoned Beef or Chicken Nachos Refried Beans Cinnamon Churros
5 Beef Greek Gyro Bowl w/ Seasoned Potato Wedges & Greek Cucumber Salad	6 Choice of Beef or Chicken Tacos, Refried Beans, Mexican Rice & Cinnamon Churros	7 Pesto Chicken Flatbread w/ French Fries	8 General Tso Chicken served with WG Rice, Asian Mixed Veggies & Egg Roll	9 **New Menu Item!** Southwest Crunch Burger w/ French Fries
12 Choice of Pulled Pork OR Chicken Maple Sweet Potato Bowl	13 Beef & Cheese Totchos Black Beans WG Rice Mexican Corn Cinnamon Churros	14 ½ DAY NO LUNCH!	15 Potato & Cheese Pierogi Turkey Kielbasa Apple Slaw	16 Thai Chicken Noodle Bowl Roasted Root Veggies Spring Rolls
19 Popcorn Chicken Bowl Mashed Potatoes & Gravy Golden Corn Buttermilk Biscuit	20 Macaroni & Cheese Broccoli Garlic Knot	21 Pulled BBQ Chicken on a Bun Topped w/ Grilled Peppers & Onions Seasoned Wedge Fries Hungry Howie's Pizza Day!	22 Homemade Meatloaf Mashed Potatoes w/ Gravy Green Beans Dinner Roll	23 Dorito Walking Taco Refried Beans Corn Churros
26 Breaded Chicken Tender & Belgian Waffles served with Sweet Potato Fries	27 Hot Honey Chicken & Grits Bowl w/ a Buttermilk Biscuit	28 Grilled Three Cheese Sandwich & Creamy Tomato Soup Hungry Howie's Pizza Day!	29 Beef OR Cheese Lasagna Garlic Breadstick MICHIGAN BROCCOLI	30 ½ DAY NO LUNCH!

Bloomfield Hills Schools continues to provide
FREE Michigan Meals for All to students from Pre-K to 12th grade AGAIN this school year!
ALL COMPLETE MEALS COME WITH CHOICE OF 1% WHITE OR CHOCOLATE MILK AND CHOICE OF FRUITS AND VEGGIES ON THE SALAD BAR

248.341.5671
aramark

DAILY LUNCH OPTIONS!

MONDAY - CHEESE, VEGGIE OR PEPPERONI PIZZA
TUESDAY - CHICKEN PATTY SANDWICH
WEDNESDAY - CHEESEBURGER OR VEGGIE BURGER
THURSDAY - CHICKEN TENDERS
FRIDAY - HUNGRY HOWIE'S CHEESE, VEGGIE OR PEPPERONI PIZZA

Beef & Cheese Totchos
Seasoned ground beef and creamy cheese over crispy tater tots. Served with refried beans and a variety of toppings!

Popcorn Chicken Bowl
Creamy mashed potatoes, seasoned, breaded popcorn chicken, golden corn, chicken gravy and cheese. A true comfort food!

Chicken or Pulled Pork Sweet Potato Bowl
Seasoned pulled chicken OR pulled pork served with maple seasoned sweet potatoes.

Potato & Cheese Pierogi & Kielbasa
Potato & Cheese pierogi served with grilled turkey kielbasa and a side of sour cream and grilled onions.

Macaroni & Cheese
Elbow pasta tossed in a creamy cheese sauce, served with broccoli and a garlic knot.

Hungry Howie's Pizza
Your choice of Cheese, Pepperoni OR Veggie hand tossed pizza! Gluten Free is also available with pre-order ONLY.

Beef OR Cheese Lasagna
Choose between seasoned ground beef lasagna, layered with meat sauce OR cheesey lasagna layered with a tangy marinara sauce!

Pulled BBQ Chicken Sandwich
Slow roasted chicken, seasoned to perfection, shredded and tossed in Sweet Baby Ray's BBQ sauce. Served on a bun with grilled peppers and onions & wedge fries.

Homemade Meatloaf
A tried & true classic comfort food! Seasoned ground beef, an array of spices, baked until done. Served with mashed potatoes, gravy and a dinner roll.

New Menu Item! Southwest Crunch Burger
All Beef burger topped with cheese, spices and crunchy tortilla strips. Served with french fries.

Hot Honey Chicken & Grits
Boneless breaded white meat chicken tossed in an array of seasonings served with perfectly seasoned grits and topped with hot honey. Served with a buttermilk biscuit.

Grilled Cheese & Tomato Soup
A crispy, golden brown, three cheese grilled cheese sandwich served with creamy tomato soup. Perfect to warm you up on a fall day!

Beef Greek Gyro Bowl
Seasoned beef and wedge potatoes topped with Greek cucumber salad and Tzatziki sauce. Served with flatbread.

Breaded Chicken Drumstick
A crispy, seasoned chicken drumstick served with mashed potatoes, corn and a breadstick.

Breakfast for Lunch!
Fluffy buttermilk pancakes, golden Belgian waffles with your choice of fruit toppings, bacon, turkey sausage, scrambled eggs & hashbrowns.

menu subject to change without notice
this institution is an equal opportunity provider

BREAKFAST
PRE-ORDER REQUIRED
DAILY SPECIALS
EGG/TURKEY SAUSAGE/CHEESE CROISSANT YOGURT PARFAITS
HOMEMADE MUFFINS
BAGELS AND CREAM CHEESE
DONUTS
CEREAL, CEREAL BARS AND MUCH MORE All COMPLETE BREAKFASTS INCLUDE CHOICE OF MICHIGAN PRODUCE, JUICE AND 1% white or Choclate MILK

FRUITS AND VEGGIES!
Offered Daily
Includes Michigan Produce such as Blueberries, Lettuce, Carrots, Legumes and Apples and fresh side salads!

Gluten Free option available per medical request- preorder required

Vegetarian and Dairy Free options available - preorder required

248.341.5671
aramark