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Main:
Taco Day! (GF)(V)
Your choice of beef or chicken tacos/nachos served with a Spanish rice

5

Main:
Thai Lemon Chicken (D)
Whole muscle chicken and mixed vegetables tossed in a sweet tjao sauce. Served with brown rice and an eggroll.
Ven: Broccoli

6

Main:
Macaroni and Cheese
Elbow pasta coated in a rich and creamy cheese sauce. Served with garlic breadstick

9

Main: **Breaded Chicken Drumstick**
Oven Baked Chicken, Mashed potatoes, savory chicken gravy,
Jets Pizza Day!

10

Main:
Taco Tuesday! (GF)(V)
Your choice of beef or chicken tacos/nachos served with a Spanish rice

11

Main:
Build your own Hot Dog Bar!
All beef hot dog served on a warm bun. Top with chili, cheese and an assortment of condiments!

12

Main:
Mango Mandarin Chicken (D)
Whole muscle chicken and mixed vegetables tossed in a sweet tangy sauce. Served with brown rice and an egg roll

13

Main:
3 Cheese Cavatappi
Creamy cavatappi pasta coated in a rich and creamy cheese sauce. Served with a garlic bread stick..

16

Main:
Chicken & Mashed Potato Bowl
Mashed potatoes, popcorn chicken, savory chicken gravy, topped with cheese.
Jets Pizza Day!

17

Main:
Taco Tuesday! (GF)(V)
Special: **Enchiladas**
Your choice of beef or chicken tacos/nachos served with a Spanish rice

18

Main:
Grilled Cheese & Tomato Soup (V)
Ooey gooey grilled cheese served with a savory tomato soup

19

Main:
Beef Teriyaki (D)
Savory beef and tender vegetables tossed in a rich teriyaki sauce! Served with brown rice and an eggroll.

20

Main:
Cheese Ravioli
Fresh whole grain cheese filled raviolis smothered in a robust marinara sauce. Served with garlic breadstick

23

Main:
Broth Bowl
Make your own noodle soup with thick udon noodles, Chicken, Beef, or Vegetable broth! Served with assorted vegetable garnishes.
(V) GF
Jets Pizza Day!

24

Main:
Taco Tuesday! (GF)(V)
Your choice of beef or chicken tacos/nachos served with a Spanish rice

25

Main:
Gyro
Warm thinly sliced beef Gyro meat, topped with vegetable garnishes. Served in whole grain pita bread.

26

Main:
Cherry Blossom Chicken (D)
Whole muscle chicken and mixed vegetables tossed in a tangy cherry sauce. Served with brown rice and an eggroll

27

Main:
Chicken Alfredo (V)
Penne pasta coated in a creamy white alfredo sauce. Served with a breadstick

30



Lunch Prices - \$3.40-\$4.10 Full Pay/\$.40 Reduced

- GF** – Gluten Free option available
- V** – Vegetarian option available
- D** – Dairy Free option available

Please call Food Service Office for more information regarding these items
(248)341-5671

All Complete Meals include

- Entrée** – Protein with Whole Grain bun, roll or muffin
- Fruit/Veggie Bar** – Choose up to three sides of Dark Green Leafy or Red/Orange Veggies, Hot Veggie of the Day, Legumes, Fresh whole fruit, Fruit Juice, Fruit Cups and much more
- Milk** – Skim or 1% white or 1%

Items offered daily

- Hamburger with or without cheese
- WG lightly breaded Chicken Patty
- Baked French Fries **(V)(preorder GF)**
- Bosco Sticks **(V)**
- Veggie Burger **(V)**
- Pizza **(V)(preorder GF)**

Prices - \$3.40-\$4.10 full pay student/\$.40 re

Grab and Go!

- Selection of WG Pita wraps and sandwiches,
- Entrée Salads and
- Vegan Hummus Plates offered daily
- Complete your meal with a milk