aramark

All complete meals Free throughout the 2021-22 school year!

NOVEMBER 2021 BHHS MENU

FREE BREAKFAST OFFERED DAILY!

CHOICE OF BAGELS, POPTARTS, GRANOLA BARS, AND MUFFINS WITH CHOICE OF MICHIGAN PRODUCE, JUICE AND MILK

DAILY SPECIALS

MONDAYPANCAKES AND SAUSAGE

TUESDAY - CINNAMON ROLL

THURSDAY - BREAKFAST CROISSANT

FRIDAY - YOGURT PARFAITS

Monday	Tuesday	Wednesday	Thursday	Friday
1 Crispy Chicken Drumstick, Roll w/ mashed potatoes MICHIGAN VEGGIES JET'S Pizza Day!	2 1/2 Day No Lunch!	3 Greek Gyros Rice Pilaf	4 Pasta with Meatballs Garlic Breadstick MICHIGAN BROCCOLI	5 Asian Bar w/ rice and Stir-fried Veggies and Egg Roll JET'S Pizza Day!
8 Popcorn Chicken Bowl JET'S PIZZA DAY!	9 Taco Tuesday! Fiesta Bar w/ MICHIGAN SALAD GREENS Refried Bean	10 Philly Cheesesteak French Fries	11 Macaroni and Cheese Garlic Breadstick MICHIGAN BROCCOLI	12 General Tso Chicken w/ rice and Stir-fried Veggies & Eggroll JET'S PIZZA DAY!
15 Crispy Chicken Drumstick, Roll w/ mashed potatoes MICHIGAN VEGGIES JET'S Pizza Day!	16 Beef or Chicken and Cheese Nachos w/ MICHIGAN SALAD GREENS Refried Bean	17 Hot Dog Bar with Chili French Fries	18 Lasagna Rollup Garlic Breadstick MICHIGAN BROCCOLI	19 Teriyaki Chicken w/ rice and Stir-fried Veggies & Egg Roll JET'S PIZZA DAY!
22 Popcorn Chicken Bowl JET'S PIZZA DAY!	23 1/2 Day No Lunch!	24 Happy Thanksgiving!	25	26
29 BBQ Chicken with Mashed Potatoes and Corn bread MICHIGAN VEGGIES JET'S Pizza Day!	30 Chicken Quesadillas! Beans and Rice MICHIGAN SALAD GREENS			

All meals include Proteins & whole grains

At least 3/4 cup fruits and veggies and

1% white or chocolate milk

248.341.5671

DAILY LUNCH OPTIONS!

CHICKEN PATTY SANDWICH - SPICY AND REGULAR
CHICKEN TENDERS
GRILLED BURGERS, CHEESEBURGERS, BACON BURGERS AND BLACKHAWK BURGERS
VARIETY OF ENTREE SALADS AND GRAB AND GO SUBS AND WRAPS

All Beef Hot Dog: All beef hot dog to served on a whole grain bun

Jet's Pizza: deep dish cheese, pepperoni or veggie pizza filled with marinara sauce and topped with mozzarella cheese

Big Daddy Pizza: House made cheese, pepperoni or veggie pizza filled with marinara sauce and topped with mozzarella cheese

Lasagna Roll-up: pasta noodles filled with creamy ricotta and mozzarella cheese, topped with marinara sauce, served with garlic breadstick

Bosco Cheese Sticks: Whole grain bread sticks filled with mozzarella cheeses, baked and topped with parmesan cheese, served with marinara sauce

Macaroni & Cheese: Homemade with cavatappi noodles served with garlic bread

Chicken Tenders: Lightly breaded white meat crispy chicken, served with homemeade roll and butter

DAILY MTO DELI BAR!

Chicken Patty Sandwich: llightly breaded white meat chicken on a whole grain bun with French Fries offered on the side as a Vegetable

Nachos: Baked tortilla chips served with seasoned beef or chicken, cheddar cheese sauce, and beans. Lettuce, sour cream jalepenos and salsa offered on the side.

Tacos: 2 flour or corn tortillas filled with chicken or beef, topped with cheese with Michigan Lettuce, rice, beans and optional toppings served on the side. .

Grilled Cheese and Tomato Soup: Crispy grilled sandwich stuffed with American cheeses and served with creamy tomato soup.

Burgers
All Beef Patty with our without American Cheese. Served on a WG Bun with French Fries offered on the Side as a Vegetable

Teriyaki Chicken: Whole Muscle Chicken tossed in a Teriyaki Sauce, served with Rice and an Asian Blend of Veggies

General Tso Chicken: Crispy Chicken tossed in a sweet and spicy sauce, served with Rice and an Asian Blend of Veggies

Orange Chicken: Crispy Chicken tossed in an orange glaze and served with Rice and an Asian Blend of Veggies

Yogurt Plate: Greek Yogurt served with Grahams, Michigan Blueberries and Fresh cut Veggies with Ranch Dip

Fresh Fruit Yogurt Parfait:
Layers of vanilla Yogurt, Fresh Fruit and Granola, ready to eat!

Sausage, Egg and Cheese Croissant: Whole grain croissant, stuffed with turkey sausage, egg and american cheese

Vegan Hummus Plate: Hummus cup, pita chips, baby carrots, celery sticks and (nut free) sunflower seeds, Ready to eat!

Chicken Caesar Salad: Romaine lettuce, all natural white meat chicken, parmesan cheese, croutons, Caesar dressing and a muffin

MENU SUBJECT TO CHANGE WITHOUT NOTICE
THIS INSTITUTION IS AN EQUAL OPPORTUNITY PROVIDER

NEW! scan code to preorder deli sandwich

SCAN ME

Michigan Produce!

A variety of Michigan produce will be available at each meal to choose from!

Including, but not limited to Carrots, Blueberries, Broccoli, Apples, Salad Greens, Sweet Potatoes and Root Vegetable Medley

DAIRY free

Gluten Free option available per medical request- preorder required

gluten FREE

Vegetarian and Dairy Free options available - preorder required

100% VEGETARIAN