

BHHS Women's Soccer Pre-Season Training Opportunities



Aaron Byrd - Next Level Training--

Where: Next Level Training, 46039 Grand River, Novi, MI 48374

When: Tuesdays in Jan-Feb (1/5, 12, 19, 26, 2/2, 9, 16, 23) - 4-5:00PM

Cost: \$160

***Open to the first 15 players to sign-up and pay. All grades welcome.**

Oakland Yard Winter Team for Freshmen and Sophomores--

Where: Oakland Yard Athletics, 5328 Highland Rd, Waterford Twp.

When: Weekly on Saturday/Sunday

Session goes from Jan 16-March 14 (Schedule coming soon)

Cost: \$110

***Need at least 18 athletes to field a team.**

Strength and Conditioning Sessions with Patrick Adams-- 2SP

Where: 2SP Auburn Hills: 937 North Opdyke Rd. Auburn Hills, MI 48326

When: Sundays @11AM: Jan 10, 17, 24, 31, Feb 7, 21, 28 and Mar 7th

Cost: \$70

***Open to the first 15 players to sign-up and pay. All grades welcome.**

Follow this link to sign up for any or all of these pre-season programs:

https://register.communitypass.net/reg/cat_program_class_detail.cfm?season_id=23589&program_id=1213671

Small Group Training Sessions--

Fridays - free to all athletes (more info. to come)

Save the date: BHHS Girls' Soccer 2021 tryouts--

March 15, 16, and 17

March 18th - Varsity scrimmage