

**2019 Bloomfield Hills High School
Track & Field**

Date: Wednesday, March 20, 2019

Meet: Saginaw Valley State University Invitational

Meet Location: Saginaw Valley State University (Fieldhouse)
7400 Bay Road University Center, MI. 48710

Athletes will be dismissed @ 9:00 a.m.

Bus Departure: 9:30a.m.

Schedule:

12:00 p.m. Field Events

- Shot Put - Girls and Boys (2 circles)
- Long Jump - Boys and Girls (2 pits)
- High Jump - Boys followed by Girls (each on 2 pits)
- Pole Vault - Girls followed by Boys (each on 2 pits)

***Long Jump and Shot Put will get 3 trial attempts- Top 8 advancing to finals.**

12:30 p.m. Running Events Girls run first

- 3200m Run **TOP 20 entered**
- 2400m Relay (4 x 600m)
- 400m Dash
- 60m Hurdles (**Timed Finals**)
- 60m Dash (**Timed Finals**)
- 800m Run
- 200m Dash
- 1600m Run
- 1200m Relay (4 x 300m)

Awards: Medals will be awarded to the top 6 in individual events and top 3 relays. **Spikes:** 1/4" Spikes are the longest allowed. NO CHRISTMAS TREE SPIKES

ALLOWED! No Spikes upstairs. Spikes will be checked at event check-in. We will sell 1/4" spikes (\$3.00 for 12). **Parking:** Buses can drop off in lot E and park in lot C north of the soccer field. **Entrance:** Use the north ramp (2nd floor) entrance. **Admission:** \$5.00 for all spectators. Use the north ramp (2nd floor) entrance. **Merchandise:** T-shirts will be on sale for \$10.00 each.

Directions

Starting from: Bloomfield Hills High School

4200 Andover Road, Bloomfield Hills, MI. 48302 / 1-248-341-5760

Arriving at: Saginaw Valley State University (Fieldhouse)

7400 Bay Road, University Center, MI. 48710 / 1-989-964-7322

Distance: 88.8 miles **Approximate Travel Time:** 1 hour 21 minutes

1.) Take I-75 North 2.) Merge on to I-675 North (via exit 150) 3.) Take the Tittabawassee Road exit (exit 6), toward Zilwaukee 4.) Turn LEFT on Tittabawassee Road. 5.) Turn RIGHT onto Davis Road. 6.) Go past Pierce Road. and the SVSU Fieldhouse will be on the left hand side.