

Welcome Back



November 20 & 27, 2020

Bloomfield Hills High School
Counseling Office
& College Resource Center
Newsletter



2020- 2021 SCHOOL YEAR COUNSELOR ASSIGNMENTS

A-C (9 th -12 th)	Brian Fitzgerald	bfitzgerald@bloomfield.org
D – G (9 th -12 th)	Jim Fogle	jfogle@bloomfield.org
H – K (10 th -12 th) Bowers Academy (9 th -12)	Laura Hollyer-Madis	lhollyer-madis@bloomfield.org
L – O (9 th -12 th)	Shayna Klein	sklein@bloomfield.org
P – Si (9 th -12 th)	Melanie Brooks	mebrooks@bloomfield.org
Sj – Z (9 th -12 th)	Tony Midea	amidea@bloomfield.org

Counseling Newsletter Updates

In Process:

Parents and Students – Please check your email accounts regularly for updates from counseling. Don't forget to check out the Counseling Canvas page with important announcements often with time sensitive dates/deadlines.

The 2020-2021 Bloomfield Hills Schools Cultural Observances Calendar includes the following annual observances:

Diwali - Hinduism & Jainism	The word Diwali is a corruption of the Sanskrit word Deepawali, which literally translates as "row of lights". Festivities begin with the lighting of lamps on a moonless night in the month of Ashwin (October-November). It is a festival that Hindus and Jains celebrate.	Saturday, November 14, 2020 (celebration in some countries lasts 2-3 days, but could be as long as 10 days)	Nov 14, 2020
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Native American Heritage Month	In response to an effort by many to gain a day of recognition for the great influence American Indians have had upon the U.S., Congress designated a week of October to celebrate Native American Awareness Week in 1976. Yearly legislation was enacted to continue the tradition until August of 1990, when President Bush approved the designation of November as National American Indian Heritage Month. Each year a similar proclamation is issued. November is an appropriate month for the celebration because it is traditionally a time when many American Indians hold fall harvest and world-renewal ceremonies, powwows, dances, and various feasts. The holiday recognizes hundreds of different tribes and approximately 250 languages, and celebrates the history, tradition, and values of American Indians. Native American Heritage Month serves as a reminder of the positive effect native peoples have had on the cultural development and growth of the U.S., as well as the struggles and challenges they have faced.	Month of November	Month of November
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Procedure for Appointments to Meet with a Counselor

If a student needs to make an appointment to see their counselor, the student must send him/her an email to request an appointment.

Students attending school in-person will receive a pass in their class indicating when to report to the counseling office. Students **MUST** use this pass and leave class at the assigned time for the appointment.

Students in remote learning at home will receive an email notification of their appointment time. The counselor will also send the student a Zoom or Google Meet link.

Class of 2021 Seniors

Remember -BHHS needs 10 school days to process your transcript request forms, so make sure you submit your requests timely!

Class of 2022 Juniors – Required EDP Activity

Counselors have prepared a virtual presentation for Juniors to update their Educational Development Plans.

On Nov 4 (Even Day Social Studies classes) and Nov 11 (Odd Day Social Studies Classes) should have completed:

The Mandatory Junior EDP lesson posted on the counseling canvas page. This is a required assignment and very important to prepare for the college application process next year.

The Junior EDP lesson will walk them through setting goals, adding entries in an academic resume, and finding colleges that match the student's interests. At the conclusion of the lesson, Juniors will have a list of at least 3 colleges they are thinking about applying to.

Juniors will also be introduced to the Junior College handbook and a digital copy is available on the Counseling webpage. Any junior who would like a hard copy of the Purple College Handbook will be able to pick one within the next couple of weeks.

Counselors are planning a Junior meeting on Wednesday Nov. 18 to meet with Juniors before school to review the Class of 2022 EDP Lesson and College Search Activities.

Class of 2024 Freshman – Educational Development Plans (EDPs)

9th graders along with the counselors updated their Educational Development Plans (EDPs) during ID classes. If you were not in attendance or you are a remote student, you will still be required to make-up this activity. The counseling department has put together resources to walk you through the lesson and you will be able to complete all of the activities remotely using our instructional videos. The goal of the EDP is to help students get to know themselves as a learner, examine career interests and pathways, and eventually as a junior and senior, plan for and apply to college.

On the Counseling Canvas page, 9th graders should select the "Modules" page to access the activity. Click to open the EDP Instructions first and then follow the posted videos sequentially. If you have questions or need assistance, please email your counselor directly.

Upcoming:

Class of 2023 Sophomores- EDPs scheduled during ID class hours on Monday Nov. 30 and Tues Dec 1.

Counselors will meet with their own 10th grade students in their ID class hour to introduce the 10th grade EDP lesson. Sophomores will complete the update to their EDP to include goal setting, career interest inventories and exploring postsecondary options.

BHHS Testing Schedule

BHHS students were scheduled to take College Board assessments and other Michigan Merit Examinations last April, and these were cancelled due to the early school closure in March.

Bloomfield Hills Schools has rescheduled testing for our current 12th and 11th grade students.

Wednesday, September 23 our current 12th grade students completed the SAT.

Wednesday, October 14, current 11th graders completed the PSAT/NMSQT.

Current 9th and 10th grade students will have the opportunity to take any and all required testing in April, 2021.

Here is a [link](#) to the 2020-2021 standardized testing schedule letter for this school year.

Resources for students interested in Michigan Colleges and Universities

Michigan College COVID Responses click [here](#).

Michigan Colleges and Universities Virtual Visits Tour Playlist on YouTube click [here](#).



State of Michigan

GRETCHEN WHITMER

GOVERNOR

DEPARTMENT OF TREASURY

LANSING

RACHAEL EUBANKS

STATE TREASURER

Dear High School Senior:

As you complete your final year of high school and prepare for your postsecondary options, the following should be considered to maximize your opportunities for State of Michigan aid programs.

- **Complete the Free Application for Federal Student Aid (FAFSA).** ○ A FAFSA is required each year to receive State aid, regardless of the program. The FAFSA must be submitted by March 1, 2021 to be considered on time for the Michigan Competitive Scholarship.
 - The FAFSA can be completed at www.fafsa.gov.
- **After your FAFSA is received, create a MiSSG Student Portal account at www.michigan.gov/missg to provide contact information and monitor your State financial aid status.**
 - Our office awards the first college/university listed on your FAFSA. If you decide to attend a different institution, please update this in the MiSSG Student Portal or call us at 1-888-447-2687.
- **If you scored 1200 or higher on the SAT, you may qualify for the Michigan Competitive Scholarship (MCS).**
 - For consideration of MCS, we need to associate your SAT score with your FAFSA. To complete this process, we need your Social Security number (SSN). Your SSN may already be in our system, but we recommend that you ask your high school counselor to check your information in the MiSSG High School Counselor Portal or you can call us at 1-888-447-2687 to check.
- **Check to see if you qualify for the Tuition Incentive Program (TIP).** ○ To check your TIP eligibility, create a MiSSG Student Portal account at www.michigan.gov/missg or call us at 1-888-447-2687. Please make sure your contact information is accurate and up-to-date.
 - A separate application *is not* required for TIP; however, some colleges/universities have additional processes for TIP students. If you are TIP eligible, contact the financial aid office of the college/university that you plan on attending to learn about their process for TIP eligible students.

To learn more about our programs and resources, please visit www.michigan.gov/mistudentaid.

Sincerely,

Diann Cosme, Director

Student Scholarships, Grants and Outreach

Office of Postsecondary Financial Planning P.O. BOX 30462 • LANSING, MICHIGAN 48909 www.michigan.gov/mistudentaid • 1-888-447-2687

CRC News



NITRO

Nitro Knowledge.

Your Guide to Paying for College.

October 1st is the first day the new FAFSA for the 2021-2022 school year is officially open!

One of the biggest mistakes students can make when paying for college is not filling out the FAFSA, and it's important to fill it out early because a lot of financial aid is on a first-come-first-served basis.

Every year Nitro puts together [this guide](#), which breaks down each question, specifically to help students fill out that year's FAFSA. Our interactive [online FAFSA guide](#) for the 2021-2022 school year may be helpful as well. You can also check out some of our [FAFSA articles](#) such as [frequently asked questions](#), [how to renew your FAFSA](#), and [more](#).

Remember, you can always talk to your guidance counselor or contact the FAFSA helpline 1-800-4-FED-AID (1-800-433-3243). The TDD number for hearing-impaired individuals is 1-800-730-8913.

[CLICK HERE to go to our 2021-2022 FAFSA Guide!](#)



Covid Response to College Applications Fees

Many colleges and universities are waiving their Fall 2020 application fees. Click [here](#) to see a chart of schools that are participating. Be sure to check the dates that the fee waivers expire, it varies by school.

Check out this [Michigan Colleges and Universities Virtual Visits Tour Playlist](#) to see virtual tours from around Michigan.

10 MENTAL HEALTH TIPS FOR PARENTS



Listen to what your child has to say. Be patient and understanding with them



Encourage communication and talking openly. Support your child in talking about their feelings



Support your child in problem solving when they experience worries. Help them to find solutions

Engage in some coping skills with your child (i.e. relaxation or deep breathing)



Encourage your child to interact with friends and family and to connect with others

Make sure your child knows that you will be there for them



Don't struggle in silence. If you need extra help go to your doctor or a mental health charity



Make sure your child is looking after their physical wellbeing (Sleep, food, exercise)

Regularly praise, support and encourage your child. Show them love and affection



Help your child to challenge unhelpful thoughts and to think rationally



@BELIEVEPHQ

WE BELIEVE IN THE VALUE OF A ROCHESTER UNIVERSITY EDUCATION.

We also believe your investment in education should not hold you back from excelling in life. That's why we offer assistance in repaying student and parent PLUS loans after graduation.

PLEDGE

ROCHESTER UNIVERSITY LOAN REPAYMENT ASSISTANCE PROGRAM

For more info, visit:
RochesterU.edu/Pledge



WHAT'S THE NEXT STEP? **TUNE IN!**

Our virtual Warrior Days are presented in short, topic-specific presentations with live Q&A sessions so you can tune in for information that is relevant to your collegiate journey. If you can't make it to a virtual presentation, we'll send you a link to the recording.



REGISTER FOR
YOUR PREFERRED
WARRIOR DAY AT:

RochesterU.edu/warriorday

TOPICS COVERED INCLUDE:

- Admissions Process
- RU Pledge: Loan Repayment Assistance
- Degree-Specific Academics
- Athletics
- Student Life...and more!



ROCHESTER HILLS, MI

» **RU TEST-OPTIONAL?** The answer is YES!

Rochester University is now test-optional, and we even offer scholarships to test-optional students. Apply (for free!) today.

RochesterU.edu/apply



YOUTH AWARDS

—2020—

PRESENTED BY: **Hispanic Heritage** FOUNDATION

High school students will receive
EDUCATIONAL GRANTS
and be celebrated as Latinx
leaders in their communities.

CATEGORIES INCLUDE:

- Business & Finance
- Engineering
- Entrepreneurship
- Education
- Healthcare & Science
- Media & Entertainment
- Social Justice
- Technology

DEADLINE: DECEMBER 6TH, 2020

APPLY ONLINE NOW AT:
www.hispanicheritage.org



If you missed this event. A recording of the webinar: Cultivating Mental Health in the Era of COVID 19 featuring Dr. Gretchen Moran Marsh [is available here](#).

**The Parents and Teachers of the
International Academy (PTIA) and
Bloomfield Hills School District
Presents:**



**CULTIVATING MENTAL HEALTH
in the Era of COVID-19
Webinar featuring Dr. Gretchen Moran Marsh
Wednesday, September 30th
7:00-8:00PM**

[Join Webex Meeting](#)

**MEETING NUMBER (ACCESS CODE): 173 029 9348
Meeting password: uaEYknYY463**

Topics Covered:

- Learn the different ways the pandemic is affecting people.
- Learn about the different components of depression and anxiety.
- Learn the tips and tricks on how to persevere through this unpredictable time.

Dr. Marsh, Ph.D., is a clinical psychologist and featured speaker who works with children and adults experiencing a variety of psychological and emotional problems. Her specialties are in anxiety related disorders, parenting, and interpersonal relationships.

<http://drmoranmarsh.com/>

This webinar is intended for teen students, staff, and community members. All are welcome. Please send any questions or concerns to ptiaokma@gmail.com.

www.ptia.my-pta.org

Follow PTIA OKMA on Facebook @PTIAOKMA



The Black Friday Scholarship Bootcamp

Join us for our 7th annual **Black Friday Scholarship Bootcamp** on November 27th, 2020. It's our signature college & career readiness program event aimed to reach high-school college-bound students, current college students, and parents supporting college academic goals.

Are you on track towards a successful college journey? Discover more at the **Black Friday Scholarship Bootcamp**. This year for the first time ever, it's hosted virtually.

Register to attend; [RSVP, here](#). Visit the event page for more details @ <https://www.blackfridaysb.com/>



Visit Oakland University

[Virtual tours](#) of each building on campus are available, just click on a building description to scroll through photos and videos. In addition, our admissions advisers are available virtually to assist you in navigating your OU journey. Visit [here](#) to make an appointment.



**WAYNE STATE
UNIVERSITY**

Online Opportunities to Explore Wayne State University

For those looking to explore campus at their own pace, [take our virtual tour](#) from the comfort of your own home. If you are looking to meet individually with an admissions counselor, [please sign up for an appointment here](#).



**Central
Michigan
University**

General admissions presentations for prospective freshmen, transfers, and families are hosted every Monday at 2:30 p.m. [Register in advance](#)



WESTERN MICHIGAN
UNIVERSITY

Western Michigan Virtual Experiences

Western Michigan University has several options for you to virtually explore the opportunities they offer. Click [here](#) to see all opportunities.

Virtual College Information

We have compiled a list of University, College and Military Virtual events for students to go to for college virtual visits and admission information. Click [here](#) to go to the form. Be sure and check often, we add schools as we receive the information. If you are interested in a school that is not listed, check on that school's website many have added virtual information.



Prospective students and families are invited to attend the **Virtual Financial Aid Workshop** on **Saturday, November 14** from **10:00 - 11:30 AM**.

We know that a college education is the best investment for a strong future. Our Virtual Financial Aid Workshop is designed to help students and families learn more about the financial aid process, including the types of aid and how to apply using the FAFSA.

At the workshop, they'll learn about:

- The Financial Aid Process and FAFSA
- Admissions and a University Overview

[Click here to sign up for the Financial Aid Workshop](#)

GO BLUE – GO DEARBORN!



December 3-11, 2020 is the [Midwest Test Fest](#) hosted by The Princeton Review.

Test Fest consists of:

- **Free Practice SAT / ACT virtual tests**
 - After the test, view your detailed interactive score report.
 - Will your score help you get into your dream university/college? A few more points can make a difference!
- **Free Webinars**
 - Learn tips and tricks to improve your SAT/ACT score(s) by attending a Sample class or Scores Back Strategy Session.
 - Learn the average SAT/ACT score(s) for incoming freshman at popular colleges and universities.
 - What is the difference between ACT and SAT?
 - Parents & students can learn more about college admissions preparation.

The Midwest Test Fest schedule is listed below.
Register [here](#) or my email Alyssa.Martin@review.com

SAT Free Practice Test
Saturday, December 5th, 2020
9am - 1pm CST | 10am - 2pm EST

Course ID: 472342

Come take a free online full-length SAT practice test with The Princeton Review! Familiarize yourself with the format and the content you'll see on the actual SAT and get in-depth feedback question by question with a comprehensive score report that helps you identify areas of weakness and evaluate your current performance.

[SAT Free Practice Test](#)

ACT Free Practice Test
Sunday, December 6th, 2020

11am - 3pm CST | 12pm - 4pm EST

Course ID: 472343

Come take a free online full-length ACT practice test with The Princeton Review! Familiarize yourself with the format and the content you'll see on the actual ACT and get in-depth feedback question by question with a comprehensive score report that helps you identify areas of weakness and evaluate your current performance.

[ACT Free Practice Test](#)

45 Free Live Events

NOV. 9-FEB. 18

By Major, By Geography and more!
Something for everyone (even parents).



Free • Easy • Informative

VirtualChristianCollegeFairs.com

Here's a chance for student to win up to \$10,000 in scholarship money all while exploring their options in Christian Higher Education.

We have an exciting slate of virtual events for college-bound students! Check out the entire list [online](#). Students can connect with Christian colleges & universities that offer a wide variety of locations, majors, athletics and special programs.

Click [here](#) for more information.

Additional Websites to begin your scholarship search:

www.studentaid.ed.gov

www.fastweb.com

www.scholarshippoints.com

www.unigo.com

www.scholarships.com

www.bigfuture.collegeboard.org

www.scholarshipexperts.com

www.supercollege.com

www.studentscholarships.org

<https://cfsem.org/Scholarships/>

<http://scholarshiphunter.com/>

<https://www.salliemae.com/college-planning/tools/scholarship-search/>



FOR YOUTH DEVELOPMENT®
FOR HEALTHY LIVING
FOR SOCIAL RESPONSIBILITY

TRAINED TO SAVE

Join Our Team as Lifeguards or Swim Instructors BIRMINGHAM FAMILY YMCA

Training is Free

Apply today and one of our Aquatics Leaders will contact you about an interview and our training programs.

Why the Y?

The YMCA is a friendly and supportive environment. Y staff have the opportunity to continue to learn new skills and serve their community in meaningful ways. Staff are also granted a membership to the facility and discounts on programs.

For more information, contact:
Nicole Cone at nicole.cone@ymcadetroit.org

BIRMINGHAM FAMILY YMCA

400 E. Lincoln Street, Birmingham, MI 48009
P 248-644-9063 O ymcadetroit.org/birmingham

Everyone is welcome. Financial Assistance is available. The YMCA of Metropolitan Detroit strengthens communities through youth development, healthy living and social responsibility.



**This is a great opportunity to
gain real world work experience.**

We accept applications for lifeguards and
swim instructors starting at age 16!



Test Date	Registration Deadline	Late Registration Deadline	Estimated Score Release
December 12, 2020	November 6, 2020	November 7-20, 2020	December 22, 2020-February 5, 2021
February 6, 2021	January 8, 2021	January 9-15, 2021	February 16-April 1, 2021
April 17, 2021	March 12, 2021	March 13-26, 2021	April 27-May 7, 2021
June 12, 2021	May 7, 2021	May 8-21, 2021	June 22-August 9, 2021
July 17, 2021	June 18, 2021	June 19-25, 2021	July 27-September 3, 2021

Register for the ACT at:
www.actstudent.org



SAT Date	Registration Deadline	Late Registration Deadline	Deadline for Changes
December 5, 2020	November 5, 2020	November 17, 2020	November 24, 2020
March 13, 2021	February 12, 2021	February 23, 2021	March 2, 2021
May 8, 2021	April 8, 2021	April 20, 2021	April 27, 2021
June 5, 2021	May 6, 2021	May 18, 2021	May 26, 2021

Register for the SAT at: www.collegeboard.org